

LIVING & CO[®]

NUTRITIONAL BLENDER 700W



Instruction Manual **MODEL: BL1053K-SA**

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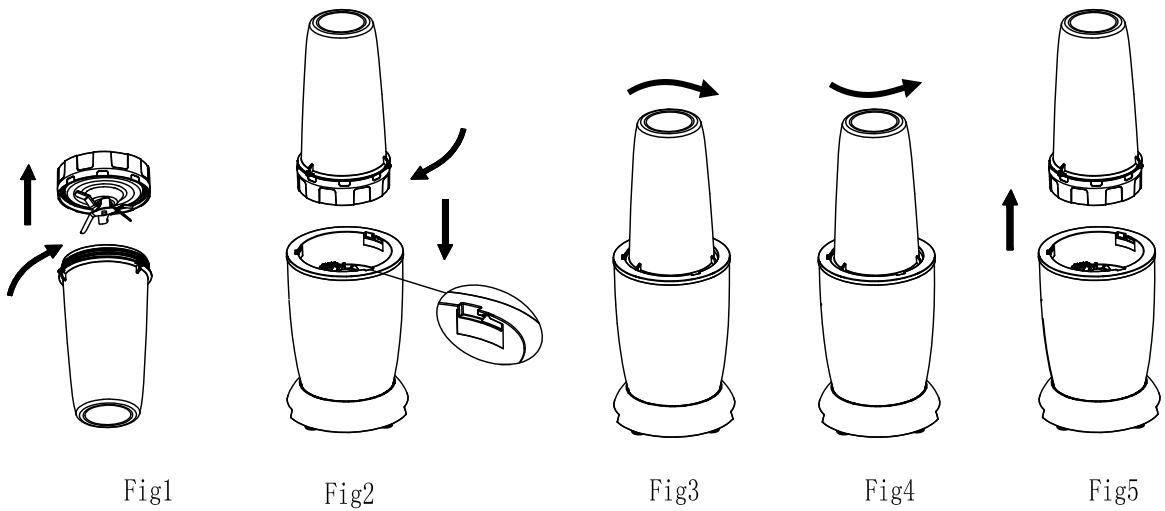
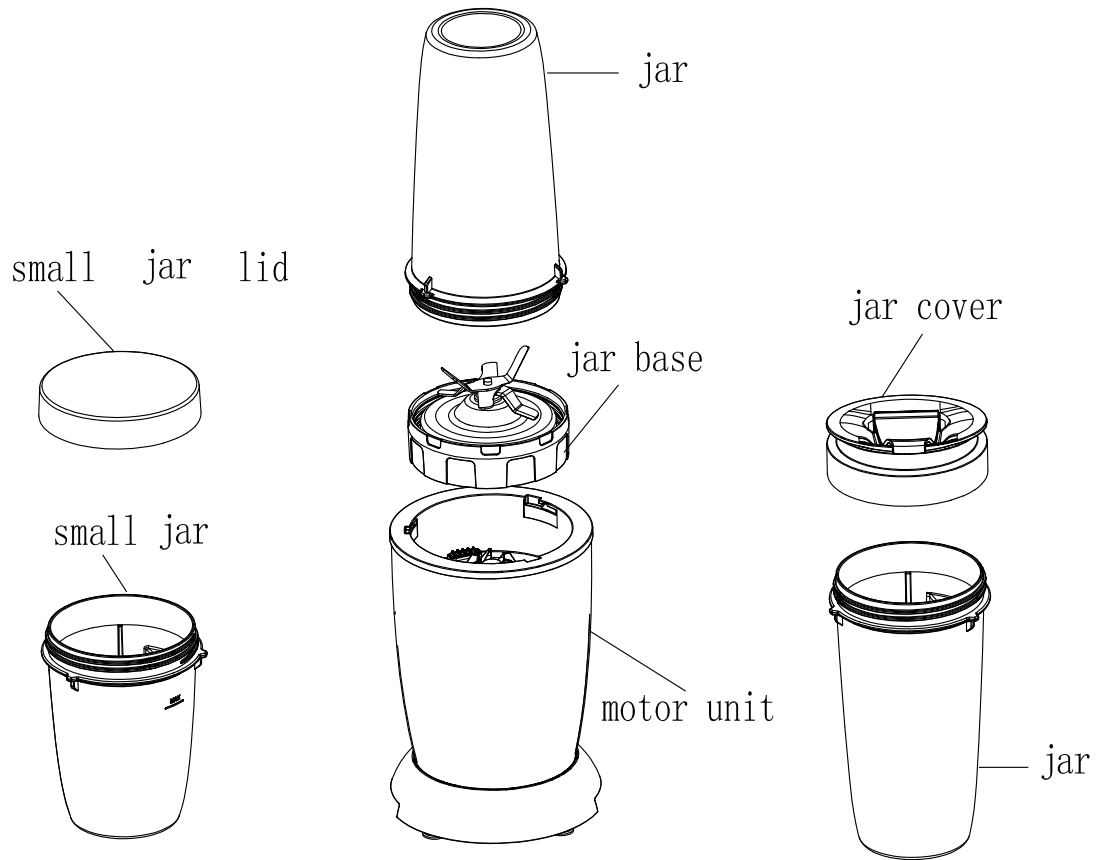
IMPORTANT SAFETY INSTRUCTIONS

Thank you for choosing a Living & Co Blender. This Living & Co appliance has been designed and manufactured to high standards of engineering and with proper use and care, as described in this booklet, will give you years of useful service. Please read these instructions carefully and keep for future reference.

When using the electrical appliance, the below basic safety precautions should be followed:

1. Read all instructions.
2. Do not let cord hang over edge of table or counter.
3. Do not place on or near a hot gas or electric burner, or in a heated oven.
4. Do not operate any appliance with a damage cord or plug or after the appliance malfunction or has been damaged in any manner. Return the appliance to the nearest authorized service facility for examination, repair or adjustment.
5. If the supply cord is damaged, it must be replaced by the manufacturer or its service agent or a similarly qualified person in order to avoid a hazard.
6. Avoid contacting moving parts.
7. Do not leave foreign objects, such as spoons, forks, knives or the measuring cup, in the jug as this will damage the blades and other components when starting the machine and may cause injury
8. Blades are sharp, so handle carefully.
9. The use of attachment, including jug, jug lid, not recommended or sold by manufacturer may cause fire, electric shock or injury.
10. The jug should not be more than 2/3 full when the tamper is left in while blending. Do not exceed 30 seconds of continuous blending with the tamper in place.
11. Children should be supervised to ensure that they do not play with the appliance. Cleaning and user maintenance shall not be made by children unless they are older than 8 and supervised.
12. When making nut butters or oil based foods, do not process for more than one minute, as this could result in overloading.
13. Avoid blending hot liquids or ingredients, use caution when blending warm ingredients as additional heating can occur: After opening, spray or escaping steam may cause scalding and burns. Do not fill container to the maximum capacity. Always begin processing on the lowest speed setting. Keep hands and other exposed skin away from the lid opening to prevent possible burns.
14. Turn all controls to OFF and unplug the blender when it is not in use, before putting on or taking off parts, and before cleaning.
15. Never leave the appliance unattended while it is running.
16. To protect against risk of electrical shock do not put motor unit or power cord in water or other liquid.
17. Keep hands and utensils out of jug while blending to reduce the risk of severe injury to persons or damage to the blender.
18. If scraping is necessary, turn the power OFF, unplug from the electrical outlet, and use a rubber spatula only.
19. Never put non-food items into the jug to blend.
20. Do not open the lid before the blade stops running completely to avoid hazard.
21. Do not put hands or other objects into jug during working.
22. This product is for indoor use only.
23. This appliance can be used by children aged from 8 years and above and persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge if, they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved.

PRODUCT OVERVIEW



OPERATION

IMPORTANT:

Place the motor base on a clean, dry, level surface such as a counter or table top.

1. Insert the plug into the electrical power supply socket.
2. Place the food ingredients into the mixing jar.

NOTE: Do not overfill! To avoid spilling, do not add ingredients past the "MAX" fill line.

3. Place the chopping base assembly onto the mixing jar and twist it on tightly until you have a good seal. (Fig.1) **CAUTION: The blade is very sharp, please handle carefully.**
4. Turn the jar assembly upside down and place it onto the motor unit, twist the jar clockwise according to the marking on the unit, until you feel it click into place. (Fig.2、 Fig.3) Operation will commence.

NOTE: The appliance will not start to work if the jar assembly is not fitted onto the motor unit correctly.

5. Twist the jar assembly counterclockwise according to "O" mark on unit (Fig.4), ensure that the motor is stopped and then lift the jar upward. (Fig.5).
6. Turn the jar upright and remove the blade assembly by twisting counter clockwise (we recommend to store the blade assembly attached to an empty jar when not in use).
7. Make sure that the unit is unplugged when not in use.
8. Ensure jar and blade assembly is cleaned after use and never use to store food.

NOTES:

Operation time:

The max operation time for general blending shall not exceed 3 minutes and a minimum of 10 minutes rest time must be maintained between two consecutive cycles.

When chopping heavy loads (such as when crushing ice) we recommend a maximum operation time of 30 seconds, with a minimum rest time of 10 minutes between cycles.

For blending operations (such as cutting carrots):

Prepare the carrots and cut them into cubes with an approximate size of 15mm*15mm*15mm. Place the carrot cubes into the jug. Typically water has to be added to facilitate the smooth running of appliance. The proportion of the carrot and water is 1:1. The amount of mixture should not exceed the max level as indicated on the jug. Place the jar base onto the jar and twist it on tightly.

CLEANING AND MAINTENANCE

-After use, remove the jar from the motor unit and rinse the jar under running water.

-Wiping the outer surface of motor unit with a damp cloth, do not use abrasive cleansers. Never immerse in water or other solution for cleaning.

-All parts except the motor unit and jar base are dishwasher-safe. You can also wash the parts, except the motor unit and jar blade assembly, in warm, soapy water.

-Dry all parts and then reassemble them again. But store the appliance with the jug lid open completely to allow air to circulate and prevent jug odours.

-If any problem has been encountered during use, never disassemble the Motor Unit by yourself, there are no user serviceable parts inside. Contact only the authorized service facility for examination and repair.

NOTE:

-The jar blade assembly cannot be placed in the dishwasher to clean.

WARNING:

1) The blade is very sharp, handle carefully.

2) Do not use abrasive cleaners. Never immerse the Motor Unit in water for cleaning.

RECIPES

Smoothie with Berries and Yoghurt

Ingredients for 1 portion:

- 50 g blueberries
- 90 g raspberries
- 250 g yoghurt (plain)
- 1 tbsp honey

Put the ingredients in the desired blender cup and purée for 30–40 seconds to the desired consistency.



Breakfast Smoothie

Ingredients for 1 portion:

- 1 small apple
- ½ banana
- 1 tbsp (level) wheat bran
- 1 tbsp (heaped) oat flakes
- 10 raisins
- 40 ml water
- 100 ml milk

Peel and core the apple, cut into chunks and place in the desired blender cup. Add a peeled banana. Add the wheat bran, oat flakes and raisins. Add the water and milk and blend to the desired consistency.

You can vary the amount of liquid you add depending on whether you like your smoothie thick or thinner.



Cucumber Smoothie

Ingredients for 1–2 portions:

- ½ cucumber
- 250 ml buttermilk
- 1 tbsp yoghurt (plain)
- 1 tsp lemon juice
- 1 bunch of dill
- 1 pinch of salt
- 1 pinch of pepper
- 1 pinch of chilli powder

Peel the cucumber, remove the seeds and cut it into larger chunks. Remove thick stems from the dill, chop the dill roughly and add it to the desired blender cup with all the other ingredients.

Now run the blender 3–4 times for 15 seconds each time until a creamy smoothie is created, and drink it immediately.

Tip: If you like your smoothies "frozen", you can add 2–3 ice cubes before blending.



Fruit Smoothie (vegan)

Ingredients for 2 people:

- 4 strawberries
- 1 banana
- 1 papaya
- 1 kiwi
- 200 ml coconut milk

Peel the banana and the kiwi, peel and remove the seeds from the papaya, hull the strawberries. Cut everything into coarse chunks and place in the desired blender cup.

Add coconut milk and mix for 20–30 seconds.



Responsible Disposal

At the end of its working life, do not throw this product out with your household rubbish. Electrical and electronic products contain substances that can have a detrimental effect on the environment and human health if disposed of inappropriately. Observe any local regulations regarding the disposal of electrical consumer goods and dispose of it appropriately for recycling. Contact your authorities for advice on recycling facilities in your area.

Please keep the original packaging carton and materials in a safe place. It will help to prevent any damage if the product needs to be transported in the future. In the event it is to be disposed of, please recycle all packaging material where possible.



LIVING & CO[®]

Warranty

We pride ourselves on producing a range of quality home appliances that are both packed with features and completely reliable. We are so confident in our products, we back them up with a 1 year warranty. Now you too can relax knowing that you are covered.

Customer Helpline NZ: 0800 422 274
This Product is covered by 1 year warranty when accompanied by proof of purchase.

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